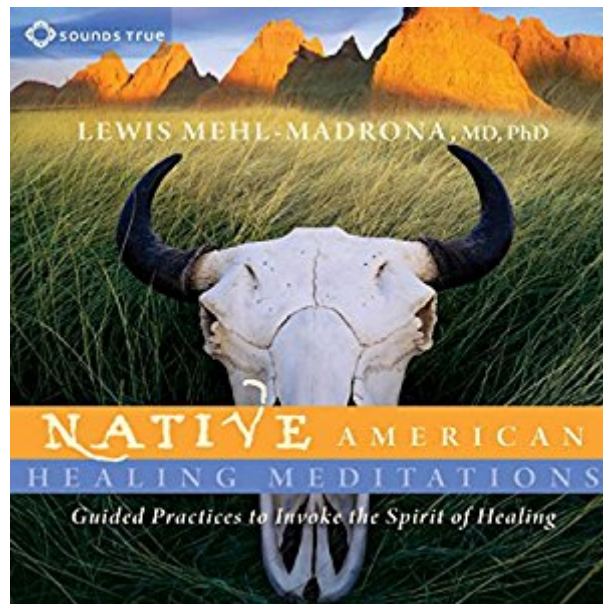


The book was found

Native American Healing Meditations: Guided Practices To Invoke The Spirit Of Healing



Synopsis

While Western medicine often sees healthcare as a battle against a disease or injury, Native American tradition holds that true healing comes through dialogue - with our afflictions, our spiritual allies, and our own innate wisdom. With gentle guidance and a rich understanding of tribal medicine, Dr. Mehl-Madrona offers you essential practices for tapping into the resources of the spirit world with Native American healing meditations.

Book Information

Audible Audio Edition

Listening Length: 2 hours and 31 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: July 1, 2011

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Best Sellers Rank: #349 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American #634 in Books > Religion & Spirituality > New Age & Spirituality > Angels & Spirit Guides #1417 in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

Customer Reviews

Great Guide to teach the ways of self healing through guidance from Native American spirituality. Doctor Lewis Mehl-Madrona helps you find your path to self healing by following his methods of finding yourself using native American wisdom. Great audio guide to help you find your own healing energy by using his native American practices to reach the spirit world. I recommend this audio tape for everyone needing help overcoming problems either through illness or mental problems.

I bought this audiobook to listen to while commuting and listened to it three times in a row. The lessons are filled with kindness, for the self and for others. Dr Mehl Madrona's voice is calming and encourages meditation and introspection. This audiobook leaves me feeling calm, kind, and happy being in the present moment. I am in the process of collecting all of his other published work.

I purchased this to help with some problems I am having, but found it so healing I also ordered one

for a friend. Excellent choice in healing management and information. Very calming, soothing and can be helpful if one just allows it to be.

Clear help and easily followed voice directions. This teacher should required reading for all sociology and psychiatry students and practitioners

I found his voice difficult to understand. Was not what I expected.

This is a wonderful CD, just listening to his soothing voice is peaceful, but listening to his words is even better. I recommend this CD, and any of his books to anyone.

Relaxing!

The meditations may be great but I couldn't tell you that because getting them to work through Audible was impossible. After downloading their crap software three times and still being told I did not have the software, I managed to get the file on my computer. But then, it could not be played because it had a random username and password. After 45 minutes of searching and downloading, I cancelled the order, deleted all the crap software and the unlistenable file. I buy mp3 files from all the time and it works fine. Why did this have to be unnecessarily complicated? I'll have to get it on CD if I really want it. Beware Audible authors.

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